



BENEFITS OF THERAPEUTIC MASSAGE

Musculo-Skeletal Disorders

Back pain, neck pain, fibromyalgia, tendonitis, carpal tunnel, tennis elbow, golfer's elbow, general aches and pains.

Internal Disorders

Migraines, headaches, digestive problems, premenstrual symptoms, allergies, respiratory symptoms, swelling, edema, eliminations of toxins.

Emotional & Neurological Disorders

Stress, anxiety, depression, high blood pressure, overcoming addictions

General Well-Being

Improved muscle tone and flexibility, increased energy and alertness, strengthened immune system, slowing down or reversing the degenerative effects of aging, increased circulation

Soleil Spa **Massage & Bodywork**

Relieve . Retrain . Rebalance . Relax ~ Massage for Healthy Living

130 N. Main Street (inside Tan Lines Optional)

Oregon, WI 53575

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